

8th Annual GTAC Disability Open

May 21-22, 2011

**Hosted by the Greater Toledo Aquatic Club
University of Cincinnati, Cincinnati, Ohio**

Host: The Greater Toledo Aquatic Club
www.gtacswim.com. **Warm-up times, Psych sheets will be posted on this website one week prior to the meet, and Results after.**

Location: The University of Cincinnati Keating Aquatic Center, Cincinnati, Ohio

Facility: The competition pool is an eight lane, 50 meter pool facility which is completely accessible. Seven lanes will be used for competition and one lane will be used for warm up / warm down during the meet.

Parking: The Woodside Garage (off Martin Luther King Drive) will be used for parking. The cost is \$1 for all day Saturday and Sunday. On Friday, the cost is \$3 for the first ½ hour and \$1 for each additional ½ hour. There is a drop off area adjacent to the pool. (See map below.)

Facility Rules: Only coaches, swimmers, personal assistants and meet officials with current credentials are permitted on deck. Competition Course has been certified in accordance with IPC Rules & Regulations 5.2.2.

Eligibility: All swimmers with a disability are welcome. Seeding will be based upon time, regardless of classification. It is the responsibility of each nation to ensure that swimmers have the proper accreditation to enter the U.S. **Requests for visa support are due by February 12, 2011.**

Meet Hotel: Marriott Kingsgate Conference Hotel, 151 Goodman Drive, Cincinnati OH 45219. 1-513-487-3800. \$119/night, Greater Toledo Aquatic Club bloc. The hotel is less than ½ mile from the pool. (See map below.)

Note: This is graduation weekend at UC.

Cut-off for bloc rate: April 20, 2011.

Transportation: The nearest airport is Cincinnati (CVG) 15 miles away. **The meet host is not responsible for transportation.**

Volunteers: Officials who wish to volunteer should contact Meet Referee John Loria at

jloria1@aol.com. Volunteers are also welcome and should e-mail cynthiamillen@gmail.com.

Classification: There will be NATIONAL classification available at this meet. See attached forms for information and contact the Paralympic Division of the USOC with any questions via the contact information provided in the Classification Information Packet.

Officials Training: There will be a national officials training held in conjunction with this meet. See attached forms for information and contact the Paralympic Division of the USOC with any questions.

Format: This long course meters competition shall be governed by the most recent International Paralympic Committee (IPC) swimming technical rules. **This is an IPC Approved Meet.** There will be three timed finals sessions. **There is a complementary social Saturday night at the pool immediately after the Saturday evening session. All swimmers, coaches and families are welcome.**

Entry Information: Swimmers may enter a maximum of 4 events per session. Entry times must be submitted in long course meters and via Hy-tek. No deck entries are permitted. **Entry Deadline: May 7, 2011.**

Fees: \$75 per swimmer, payable to GTAC. There is an additional \$30 charge for those entries not sent using Hy-tek, and \$15 charge for each change made after initial entry. Late entries *may* be accepted at the discretion of meet management and will be charged a \$100 late entry fee.

Heat Sheets/Awards: Heat sheets will be sold. Each swimmer receives a complimentary shirt.

Entry Chair: Dianna MacDonald, 5919 Iron Court, Waterville OH 43566
didanmac@roadrunner.com

Meet Director: Keith Kennedy
kkjrswim@yahoo.com or 419.531.7121

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Friday

Warm-up / Open Training: TBA

Classification: 9am-5pm

Saturday Morning Session

Warm-up TBA / Meet Start 9:00am

Women	Event	Men
1	50m Freestyle (may be swum Sun. also)	2
3	200m Breaststroke	4
5	100m Backstroke	6
7	200m Butterfly	8
9	150m IM (for S1, S2, S3, S4 only)	10
11	400m Freestyle	12

Saturday Evening Session

Warm-up TBA / Meet Start 5:00pm

13	100m Freestyle	14
15	200m Backstroke	16
17	50m Breaststroke	18
19	100m Butterfly	20
21	400m IM	22

Sunday Morning Session

Warm-up TBA / Meet Start 9:00am

23	200m Freestyle	24
25	50m Backstroke	26
27	100m Breaststroke	28
29	50m Butterfly	30
31	200m IM	32
33	50m Freestyle (may be swum Sat. also)	34
35	1500m Freestyle (800m Split)	36

Entry Form (Due May 7, 2011. Late fees may be assessed for late entries.)
Please make sure that all info is filled out completely.

USA & Canada Teams

Team Name: **Abbreviation:**
Address:
City: **State/Province:** **Postal Code:**
Phone:
E-Mail:
Head Coach: **Phone:**

Non USA/Canada - Foreign Teams

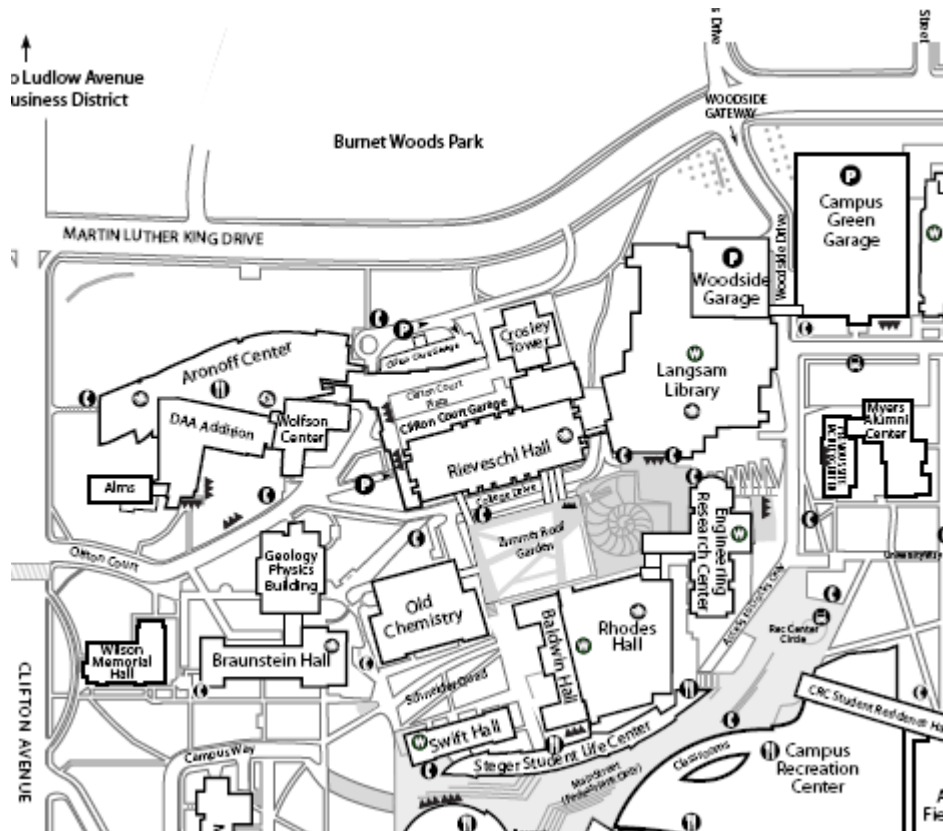
Team Manager: **Phone:**
E-mail:
Federation Contact: **Phone:**
E-mail:

Please copy this form as needed.

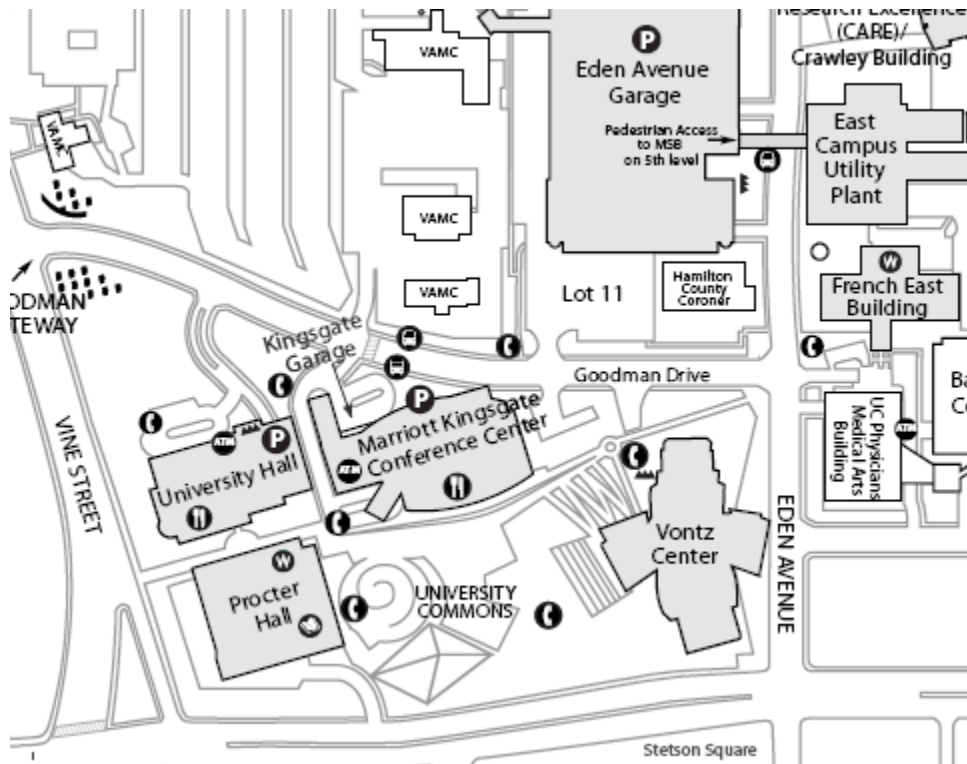
Swimmer's Name: **T-shirt size:**
Event (Name & #) **Time** **Classification***

****Please list swimmer's classification for each event. If not yet classified, please indicate as such. We will enter the swimmer's classification after his/her appointment on Friday. All entries must be filled out on this form and using Hy-Tek.***

Submit to: Dianna MacDonald, 5919 Iron Court, Waterville OH 43566
didanmac@roadrunner.com



Woodside Garage and Rec Center Drop-Off Circle



Marriott Kingsgate Conference Hotel (Northeast of pool)

SELECTION OF ATHLETES FOR DOPING CONTROL

By registering to compete at this event you have consented to be subject to drug testing and adhere to the penalties associated with an anti-doping rules violation. All registered competitors are subject to testing, are responsible for ensuring personally whether they are required to appear for doping control and if selected for drug testing are required to comply with the applicable rules. Noncompliance or refusing to be tested will result in the same penalties as a doping violation. Athletes who are in violation of anti-doping rules are subject to at least a 2-year suspension and other consequences, including a public announcement of the facts and consequences.

NOTIFICATION OF ATHLETES

When the U.S. Anti-Doping Agency (“USADA”) is conducting testing chaperones will be provided to notify selected Athletes and escort them to the Doping Control Station. Additionally, it is each Athletes responsibility to confirm whether they are required to appear for doping control. Any Athlete who fails to report to Doping Control within 60 minutes of notification or to comply with other requirements of the doping control process will be subject to sanctions.

An overview of USADA’s in-competition testing program is available at www.usada.org/go/testalert.

APPLICABLE RULES

USADA conducts testing in accordance with its Protocol. A copy of and additional information concerning the USADA Protocol are available online at <http://www.usada.org>. You should also review the anti-doping rules of the International Paralympic Committee (IPC), the international federation for the sport, at <http://www.paralympic.org>. Sanctions shall comply with the IPC Anti-Doping Code. Penalties may also apply to any individual assisting an athlete taking prohibited substances or using prohibited methods.

PROHIBITED CLASSES FOR EVENT TESTING

USADA will test for the classes of substances and methods prohibited by the World Anti-Doping Code. For in-competition testing, urine samples are tested for the following categories of substances: anabolic agents, hormones, beta-2 agonists, anti-estrogenic substances, diuretics, stimulants, narcotics, cannabinoids (i.e. marijuana), glucocorticosteroids, alcohol and beta-blockers; additionally, the following methods such as blood doping, gene doping and pharmacological, chemical and physical manipulation are also prohibited.

For more detailed information or a non-exclusive list of substances within each category listed above, visit the USADA web site at <http://www.usada.org/go/walletcard> for the USADA Wallet Card.

Further information about drug testing, the protection of your rights and the status of specific medications on the WADA Prohibited List are available from the USADA Drug Reference On-Line™ at <http://www.usada.org/dro> or from USADA’s Drug Reference Line™ at 1-800-233-0393. When in doubt athletes should check with these resources.

Please remember that even over-the-counter or prescription medications can contain a banned substances that could cause a positive test result and a doping offense. Use of dietary/nutritional supplements including vitamins, minerals and amino acids are completely at the athlete’s risk, even if the supplements are labeled ‘approved’ or ‘verified.’ If you take dietary/nutritional supplements you may test positive for a prohibited substance which is not disclosed on the product label. This would result in a doping violation and sanction. Always check with your team doctor or the USADA Drug Reference Line™ before taking any medication.

THERAPEUTIC USE EXEMPTIONS (TUE)

You may apply for approval to take medications containing prohibited substances to manage a health condition. This process needs to be completed before the competition. Athletes who wish to seek exemption for a prohibited substance must submit an Abbreviated TUE Form (ATUE) or a TUE Form to the IPC and should work with USADA and/or their National Paralympic Committee to ensure appropriate filing.

UNITED STATES ANTI-DOPING AGENCY

The United States Anti-Doping Agency is the independent anti-doping agency for the Olympic Movement in the United States. USADA is dedicated to eliminating the practice of doping in sport, preserving the well-being of sport and ensuring the health of athletes through drug testing, research initiatives and educational programs.

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Classification...

What is Classification?

Classification is a structure for competition. Paralympic athletes have an impairment in body structures and functions that leads to a competitive disadvantage in sport. Consequently, criteria are put in place to ensure that winning is determined by skill, fitness, power, endurance, tactical ability and mental focus, the same factors that account for success in sport for athletes who are able-bodied.

What are the Sport Classes for Swimming?

Classes 1-10: are allocated to swimmers with a physical disability [functional classification system]

Classes 11-13: are allocated to swimmers with a visual disability

Class 14: is allocated to swimmers with an intellectual disability

The Prefix S denotes the sport class for Freestyle, Backstroke and Butterfly

The Prefix SB denotes the sport class for Breaststroke

The Prefix SM denotes the sport class for Individual Medley

Who must be Classified?

The international classification database for swimming is listed on the IPC website at www.paralympic.org. The national U.S. Paralympics classification database for swimming is available at www.usparalympics.org.

If the swimmer has never been nationally classified (i.e. is NOT listed in either the international OR national database) a classification appointment must be requested at this competition. Submit the enclosed *Request for Classification* form. Athletes will be notified by email about the classification appointment schedule. All classification appointments will be scheduled on Friday May 20, 2011. **There is a \$100 fine payable to Paralympic Division/USOC for missed appointments.**

The classification process consists of a bench / water test that will be conducted during your classification appointment on Friday May 20, 2011, and observation during competition. ***All athletes being classified must be entered into and compete in the competition.***

Swimmers who have an intellectual disability:

Classification is a two part process for the athlete with an intellectual disability. Part 1 is to complete an INAS-FID eligibility assessment. The INAS-FID member organization in the USA is AthletesWithout Limits. For more information on the process and to access the application materials, please go to <http://www.athleteswithoutlimits.org/usa/eligibility/>.

Part 2 will be a sport-specific classification evaluation. The evaluation criteria have not yet been published by the IPC (as of September 1, 2010). Once available from IPC Swimming this information will be disseminated and available at www.usparalympics.org.

Submitting Your Request for Classification

Requests for classification must be received by May 1, 2011. Submit the enclosed *Request for Classification* form and any pertinent medical documentation to:

Paralympic Division / USOC

Attn: 2011 GTAC Disability Open / Classification Requests

E-mail: julie.oneill@usoc.org

Or by fax: +1 719 866 2029

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Request for Classification Appointment Form

Please type or print clearly. All correspondence about classification will be conducted via e-mail.

Name _____ Date of Birth (DD/MM/YYYY) _____

Address _____

City / State / Zip Code _____

Home Phone _____ Work Phone _____ Cell Phone _____

Email Address _____

Sport(s) for which classification is being requested: _____

Current **NATIONAL** sport class(es): (please leave BLANK if not yet classified)

SWIMMING CLASS(ES): S _____ SB _____ SM _____ STATUS (circle): NN NR

Describe your disability and related medical conditions (attach additional pages/medical documentation if necessary):

Preferred appointment time (rank in order of preference, 1st, 2nd, 3rd, etc.):

____ Friday 20 May 9:00-11:00

____ Friday 20 May 11:00-13:00

____ Friday 20 May 13:00-15:00

____ Friday 20 May 15:00-17:00

Requests for classification must be received by **MAY 1, 2011**. Submit the *Request for Classification* form and any medical documentation to:

Paralympic Division / USOC

Attn: 2011 GTAC Disability Open / Classification Requests

E-mail: julie.oneill@usoc.org

Or by fax: +1 719 866 2029